



The Internal Fitness™ Company

# Biome Support\*

**Probiotic + Prebiotic  
(FOS-Inulin)**

Promotes a Healthy Digestive  
Tract and Immune System\*

**30 Capsules**  
**Dietary Supplement**

**Warning:** Keep out of the reach of children.

**\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

**Caution:** As with any dietary supplement, consult your health care practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, taking any medications on a regular basis or are otherwise under medical supervision.

**Storage:** Keep tightly closed. Store in a dry place and avoid excessive heat.

Our supplements are produced at an FDA registered, GMP compliant facility and contain no harmful fillers. They are vegetarian and not tested on animals.



**Directions for use:** For Adults only. Adults take one (1) capsule per day with meal or liquid. If taking antibiotic it is best to wait 2 hours after taking antibiotic before taking probiotic.

## SUPPLEMENT FACTS

Serving Size: One (1) Capsule  
Servings Per Container: 30

Amount Per Serving	% Daily Value
Fructo-oligosaccharides (FOS-Inulin)	500 mg †
<b>Probiotic Blend ††</b>	100 mg †
Bifobacterium bifidum, Bifobacterium breve, Bifobacterium lactis, Bifobacterium infantis, Bifobacterium longum, Lactobacillus acidophilus, Lactobacillus brevis, Lactobacillus bulgaricus, Lactobacillus casei, Lactobacillus helveticus, Lactobacillus paracasei, Lactobacillus plantarum, Lactobacillus rhamnosus, Lactobacillus salvarius, Lactobacillus salvarius, Lactobacillus gasei, Lactobacillus lactis, Streptococcus thermophiles)	

† Daily value not established †† 30 billion CFU/gram at time of manufacture

**Other Ingredients:** Cellulose, Magnesium Stearate (Vegetable Source), Maltodextrin, Microcrystalline Cellulose, Rice Flour

**Formulated To Exclude:** Gluten, Wheat, Soy, Dairy or Lactose, Yeast, Corn, Egg, Nuts, Fish, Crustacean Shellfish, GMO, Added Colors, Sugars, Artificial Sweeteners or Preservatives

**Manufactured Exclusively For Ixcela, Inc.**  
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